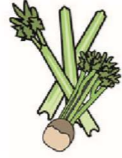

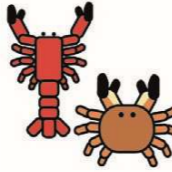
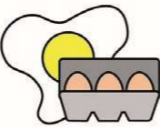
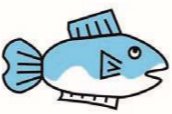
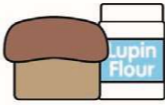











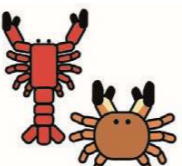
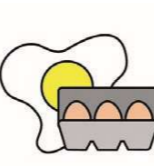
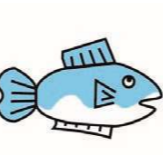
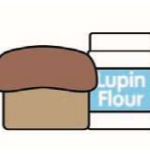
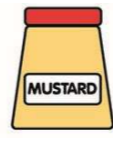



ROCK AND ROSE RICHMOND - **SUMMER 2024**

DISHES AND THEIR ALLERGEN CONTENT



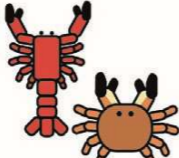
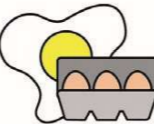
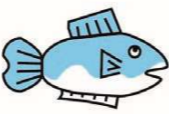
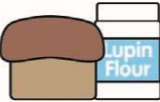








SUMMER MENU 2024 BAR NIBBLES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
MARINATED OLIVES														✓
KOREAN CHICKEN	✓	SOY					✓					✓	✓	✓
BREAD & BALSAMIC OLIVE OIL		BREAD (WHEAT)					✓							✓
VEGETABLE SPRING ROLLS LIME & SOY DIP	✓	WHEAT											✓	
EDAMAME													✓	✓
PORK GYOZA TERIYAKI SAUCE	✓	WHEAT	✓	✓										
PRAWN CRACKERS														
HUMMUS & PITTA		PITTA BREAD (WHEAT)										✓		

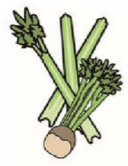

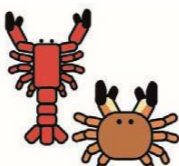
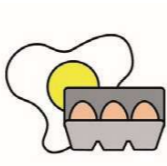
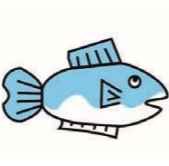









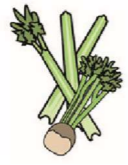

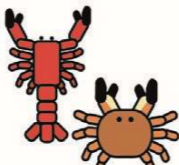
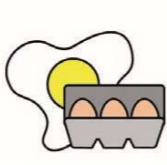
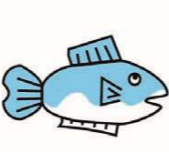



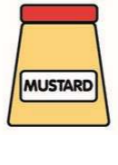





SUMMER MENU 2024 SHARING PLATES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
ASIAN PLATTER		WHEAT MAY CONTAIN BARLEY	✓		✓		✓	✓				✓	✓	✓
BREAD & BALSAMIC OLIVE OIL		BREAD (WHEAT)					✓							✓
HUMMUS & PITTA		PITTA BREAD (WHEAT)										✓		
EDAMAME													✓	✓


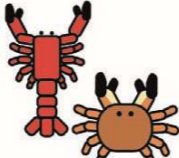



SUMMER MENU 2024 STARTERS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
AROMATIC CRISPY DUCK TACO		TACO (WHEAT)					✓		✓			✓	✓	✓
SALMON TARTAR		BREAD (WHEAT)			✓		✓							✓
CRISPY TEMPURA SHRIMP		BREAD (WHEAT)	✓	✓			✓		✓				✓	✓
HALLOUMI & HONEY GLAZED FIG SALAD							✓		✓	PINE NUTS				✓
WILD MUSHROOM ARANCINI	✓	BREAD (WHEAT)		✓			CHEESE							✓
CHILLI SALT SQUID								✓						✓
TUNA SASHIMI	CRESS	SOY			✓				✓			✓	✓	✓
KOREAN CHICKEN	✓	SOY					✓					✓	✓	✓



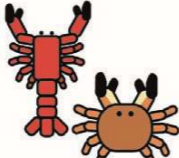
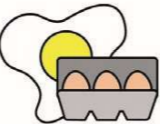
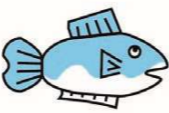
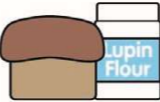








SUMMER MENU 2024 MAINS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
SEARED TUNA NICOISE SALAD				✓	✓				✓					✓
TERIYAKI SALMON FILLET		SOY			✓								✓	✓
LAMB LEG STEAK				✓			✓	✓						✓
RED THAI PRAWN CURRY		NAAN (WHEAT)	✓				NAAN ✓					✓		✓
KADAI PANEER MASALA		NAAN (WHEAT)					NAAN & PANEER ✓					✓		✓
CHICKEN MILANESE		WHEAT		✓			MOZERELLA & PAMASAN ✓							
BLACKENED MISO COD		SOY			✓				✓			✓	✓	✓
SEARED SEABASS FILLET		MAY CONTAIN			✓				✓			✓	✓	✓
BEEF MASSAMAN	✓	SOY			✓						✓	✓	✓	✓



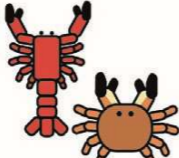
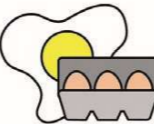
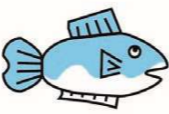
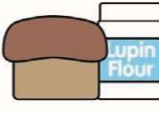







	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
SCOTCH STEAK BURGER		BUN (WHEAT)		✓			✓		✓			BUN ✓		GHERKIN ✓
7oz FILLET STEAK														
10oz RIBEYE STEAK														
AVOCADO CAESAR SALAD		BREAD (WHEAT)		✓	✓				✓					✓
CHICKEN CAESAR SALAD		BREAD (WHEAT)		✓	✓				✓					✓
JUMBO SHRIMP CAESAR SALAD		BREAD (WHEAT)		✓	✓				✓					✓
BBQ GLAZED PORK RIBS		BARLEY		✓					✓					✓
PLANT BASED BURGER		WHEAT										BUN ✓		GHERKIN ✓



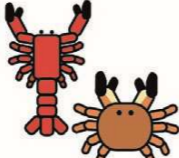
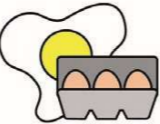
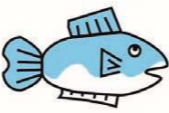
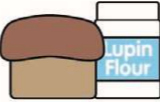








SUMMER MENU 2024 SIDES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
HOUSE SALAD									DRESSING ✓					✓
ASIAN GREENS												✓		
GREEN BEANS							BUTTER ✓							
NEW POTATES							BUTTER ✓							
BLACK RICE														
WHITE RICE														
HOUSE FRIES														
SWEET POTATOES FRIES	MAY CONTAIN ✓													
TRUFFLE & PARMESAN FRIES							PARMESAN ✓							

SUMMER MENU 2024 SAUCES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
BEARNAISE SAUCE				✓			✓							✓
PEPPERCORN SAUCE	✓						✓							✓
SUMMER MENU 2024 SUNDAY ROASTS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
ROAST BEEF	GRAVY ✓	YORKSHIRE PUDDING (WHEAT) ✓		YORKSHIRE PUDDING (WHEAT) ✓			YORKSHIRE PUDDING (WHEAT) ✓							✓
ROAST LAMB	GRAVY ✓	YORKSHIRE PUDDING (WHEAT) ✓		YORKSHIRE PUDDING (WHEAT) ✓			YORKSHIRE PUDDING (WHEAT) ✓							
ROAST CHICKEN	GRAVY ✓	YORKSHIRE PUDDING (WHEAT) ✓		YORKSHIRE PUDDING (WHEAT) ✓			YORKSHIRE PUDDING (WHEAT) ✓							
NUT ROAST	GRAVY ✓	YORKSHIRE PUDDING (WHEAT) ✓		YORKSHIRE PUDDING (WHEAT) ✓			YORKSHIRE PUDDING (WHEAT) ✓			YORKSHIRE PUDDING (WHEAT) ✓				

SUMMER MENU 2024 DESSERTS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
DESSERT PLATTER TO SHARE		WHEAT ✓		✓			ICE CREAM ✓			ALMOND/WALNUT ✓				
WARM CHOCOLATE FONDANT		WHEAT ✓		✓										
STICKY TOFEE PUDDING		WHEAT ✓		✓										
VANILLA CHEESECAKE		WHEAT ✓		✓										
FRESH BAKED APPLE TART		WHEAT ✓		✓										
CRÈME BRULEE & BISCOTTI		WHEAT ✓		✓						ALMOND ✓				
ICE CREAM							✓							
SORBET														

SUMMER MENU 2024 KIDS MENU														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
KIDS RIBS		BARLEY ✓		✓										
KIDS BURGER		BUN (WHEAT) ✓		✓			✓		✓			BUN ✓		GHERKIN ✓
KIDS CHICKEN		WHEAT ✓		✓			COATING CHEESE ✓							
KIDS FISH		WHEAT ✓		✓	✓		✓							

SUMMER MENU 2024 VEGAN MENU														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
VEGAN SPRING ROLLS, ASIAN SLAW, SWEET CHILLI	✓	WHEAT											✓	✓
VEGAN TACO		TACO (WHEAT)					✓		✓			✓	✓	✓
QUINOA & PUY LENTILS SALAD							✓		✓	PINE NUTS				✓
GNOCCHI		GNOCCHI (WHEAT)		✓			✓			PINE NUTS				
TOFU CURRY		NAAN (WHEAT)	✓				NAAN ✓					✓		✓
VERY VEGAN										PINE NUTS				

SUMMER MENU 2024 SUPPER MENU														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
MINUTE STEAK SPICED BUTTER									✓					✓